

Critical Review

Radiomics in Nuclear Medicine Applied to Radiation Therapy: Methods, Pitfalls, and Challenges

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Radiomics is a recent area of research in precision medicine and is based on the extraction of a large variety of features from medical images. In the field of radiation oncology, comprehensive image analysis is crucial to personalization of treatments. A better characterization of local heterogeneity and the shape of the tumor, depicting individual cancer aggressiveness, could guide dose planning and suggest volumes in which a higher dose is needed for better tumor control. In addition, noninvasive imaging features that could predict treatment outcome from baseline scans could help the radiation oncologist to determine the best treatment strategies and to stratify patients as at low risk or high risk of recurrence. Nuclear medicine molecular imaging reflects information regarding biological processes in the tumor thanks to a wide range of radiotracers. Many studies involving ¹⁸F-fluorodeoxyglucose positron emission tomography suggest an added value of radiomics compared with the use of conventional PET metrics such as standardized uptake value for both tumor diagnosis and prediction of recurrence or treatment outcome. However, these promising results should not hide technical difficulties that still currently prevent the approach from being widely studied or clinically used. These difficulties mostly pertain to the variability of the imaging features as a function of the acquisition device and protocol, the robustness of the models with respect to that variability, and the interpretation of the radiomic models. Addressing the impact of the variability in acquisition and reconstruction protocols is needed, as is harmonizing the radiomic feature calculation methods, to ensure the reproducibility of studies in a multicenter context and their implementation in a clinical workflow. In this review, we explain the potential impact of positron emission tomography radiomics for radiation therapy and underline the various aspects that need to be carefully addressed to make the most of this promising approach. © 2018 Elsevier Inc. All rights reserved.

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Introduction

Radiomics is a promising research area based on mapping multimodal imaging onto quantitative data and subsequent predictive model building to personalize decision making (1-3). Assessment of tumor heterogeneity and shape using medical imaging could enhance patient outcomes by using routinely available data and could be used as a substitute for repeated biopsies to monitor tumor evolution (4). In the field of radiation oncology, imaging features, now often called “radiomic features” (2, 5), computed before or during treatment could be used for patient stratification and dose planning guidance (6).

In recent years, nuclear medicine techniques such as positron emission tomography (PET) or single photon emission computed tomography (SPECT) have been used increasingly in oncology for diagnosis, detection of lymph nodes and distant metastases, characterization of tumor biology, and treatment response assessment (7). In addition to computed tomography (CT) and magnetic resonance imaging (MRI), the use of PET images in the radiation therapy workflow has been associated with more accurate tumor targeting, more reproducible segmentation, and significant adjustments in patient management and radiation therapy dose planning (8).

Several quantitative parameters can be extracted from PET images. Since the early 1990s, it has been well known that radiotracer uptake as quantified by standardized uptake value (SUV) is correlated with tumor aggressiveness in various cancer types (9-13). Volumetric features such as metabolic tumor volume (MTV) and total lesion glycolysis, which integrate both uptake and volumetric information, have also been related to patient outcomes (14-18). Although widely used, ¹⁸F-fluorodeoxyglucose (FDG)-based PET SUV or volumetric parameters are insufficient to fully describe tumor characteristics related to tumor aggressiveness and poorer prognosis (eg, tumor heterogeneity, hypoxia, cellular proliferation, or necrosis) (19). Other tracers are required to target specific molecular features, and, for a given tracer, advanced image features should be calculated to extensively describe the tracer distribution within the tumor.

Three classes of radiomic features depicting the organization of voxel intensities are commonly used in PET. First-order features are derived directly from voxel values or from the histogram of intensities. They include several usual metrics such as the maximum or mean SUV value. Second-order features—“textural features,” including Haralick’s features (20)—are computed from gray-level matrices and reflect the spatial heterogeneity of voxel values within the region of interest (ROI). Higher-order features are extracted after image filtering. Shape features (eg, sphericity) are also of interest (21, 22).

The following goals can be targeted for the integration of PET radiomic features into radiation therapy clinical practice: (1) stratification of patients as a function of disease

prognosis or outcome prediction, (2) improvement of tumor volume segmentation, (3) treatment planning optimization, and (4) response assessment (Fig. 1). In the past decade, despite tremendous efforts and great interest in using PET for radiation therapy, the major benefit has largely consisted of the optimization of tumor staging (23). The implementation of PET in adaptive radiation therapy has largely remained at the stage of ongoing clinical trials (24).

The aim of this article is to review the state of the art of implementation of PET radiomic studies in the context of personalized radiation therapy. To our knowledge, this is the first review focusing specifically on the use of PET imaging for the purpose of radiation therapy, for medical physicists and researchers in radiation therapy, including (1) an overview of published studies, (2) the state of the art of ongoing clinical trials involving PET radiomics for radiation therapy, (3) a didactic review of methodological pitfalls and challenges linked to radiomics analysis in PET imaging, and (4) an overview of statistical analysis and machine learning concepts. Physicians and physicists should indeed be aware of the large risks of biases generated by the lack of standardization in the acquisition process, reconstruction of images, postprocessing, or statistical learning. Whenever possible, a critical review of the proposed solutions is performed. Several recommendations are proposed at each step of the radiomic pipeline, and indications regarding future necessary studies are provided.

Applications of PET-based Radiomics in Radiation Oncology

This section briefly summarizes the pipeline for image feature calculation in PET (Fig. 2). The main applications of radiomics in the radiation oncology context are then described.

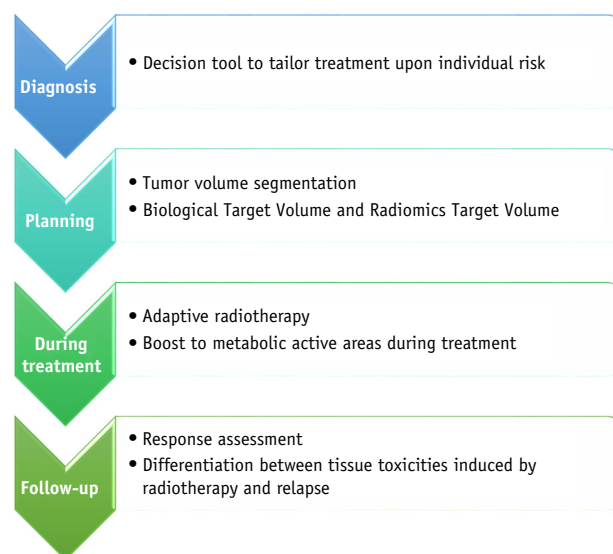


Fig. 1. Main applications of radiomics in the context of radiation oncology.

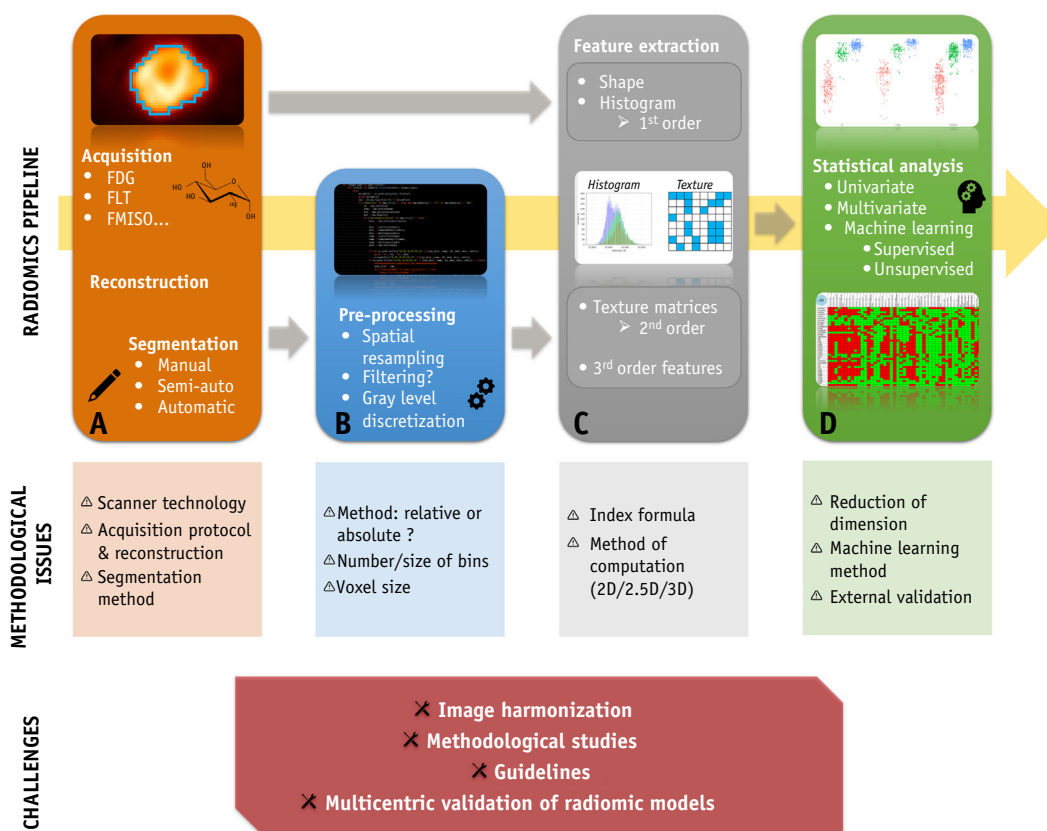


Fig. 2. Radiomics pipeline, methodological issues and challenges.

Radiomic feature calculation

In FDG-PET, the only quantitative feature that is routinely extracted from the images is the SUV, most often calculated from a single voxel in the tumor (SUV_{max}) or from a small ROI (1 mL) corresponding to the most metabolically active part of the tumor (SUV_{peak}) (25). It is obvious that such a measurement is far too crude to reflect possible metabolic heterogeneity within the tumor that could be taken into account to optimize treatment planning. In the context of radiomics, advanced imaging features are therefore investigated to better characterize metabolic heterogeneity. These features include histogram-derived indices (Fig. 3A) and textural features (Fig. 3B). Shape features are not included in this review.

In the context of image analysis, a histogram is a graphical representation of voxel intensities. The range of values is divided into a series of intervals (called “bins”). Bin height is representative of the number of voxels with an SUV value that belong to the corresponding interval (Fig. 4A). From the histogram, several features may be extracted, depicting skewness, kurtosis, or variance of the distribution. Spatial arrangement of voxels is not reflected by histogram-derived indices (Fig. 3) (26).

Textural features are derived from the original PET images (yielding second- or third-order features) or from

transformed versions of these images (yielding higher order features), and unlike histogram-based features, they do reflect the spatial arrangement of voxel values. The image transformation process for high-order feature calculation may be achieved by Laws filters, such as Laplacian or Gaussian transformation, which highlight edge structures, or by using wavelet decomposition, which reveals sharp transitions in the intensity frequency spectrum (27, 28). They are therefore good candidates to describe tumor heterogeneity. Four textural matrices are usually computed to derive textural features (Figs. 2C and 3):

1. The gray-level co-occurrence matrix reflects the probability of observing a pair of values in voxels at a given distance in a given direction (20);
2. The gray-level run-length matrix (GLRLM) measures the number of consecutive voxels with the same value aligned in a given direction for any voxel value (29);
3. The gray-level size zone matrix (GLSZM) measures the number of neighboring voxels with the same value for any voxel value (30);
4. The neighborhood gray-level difference matrix measures the difference between neighboring voxels based on voxel values (31).

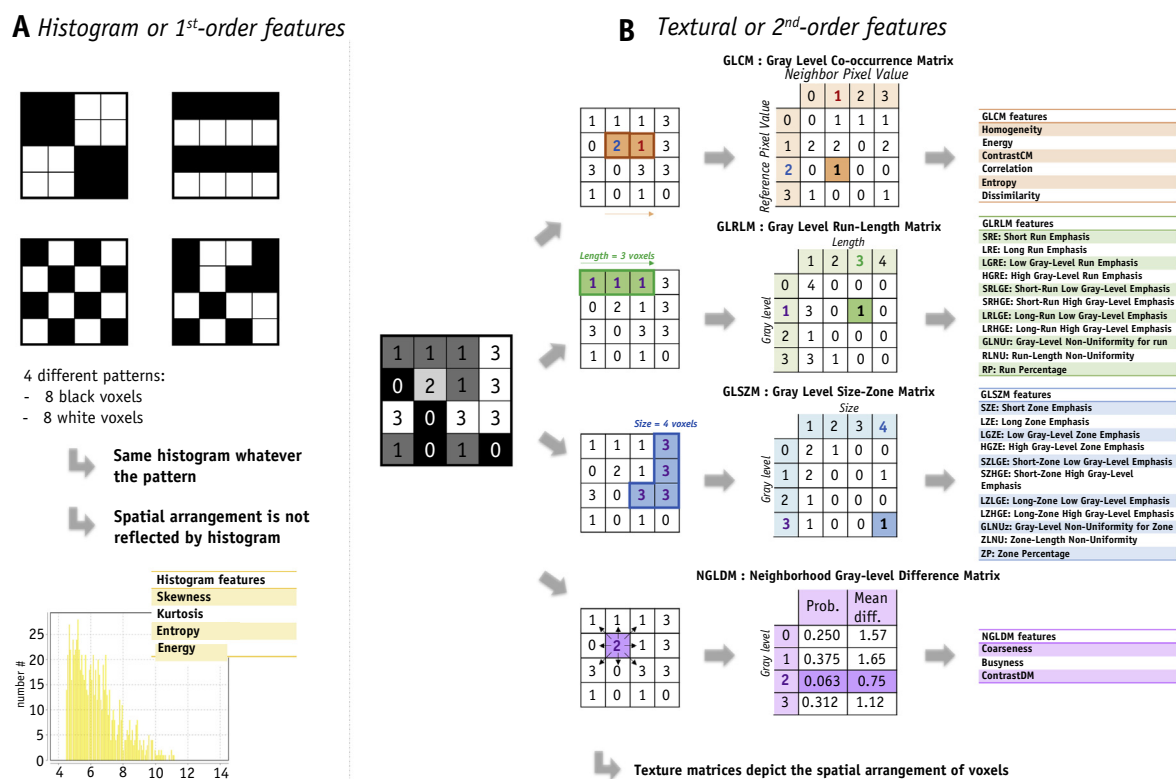


Fig. 3. Histogram or first-order features reflect voxel intensity distribution only (A). For different patterns containing the same number of black and white pixels, but not at the same location, the histogram is identical. Consequently, histogram-based feature values (eg, skewness, kurtosis, energy) are equal. Unlike histogram-based features, textural or second-order features (B) derived from texture matrices (eg, co-occurrence, run length, zone size matrices) reflect the complex and unique spatial arrangement of voxels.

Textural features can be computed in 2 dimensions (2D) or 3 dimensions (3D) using different methods (32), or in 2.5 dimensions, meaning that values are calculated in 2D for each slice and then averaged over all slices in the volume. Most PET radiomic studies are currently using 3D features to reflect the heterogeneity of the entire tumor (32-46).

With the advent of 3D imaging and knowing that tumors may include different heterogeneous uptake patterns, a 3D calculation in the whole volume seems more clinically relevant than 2D features computed in one unique slice of interest.

In addition, formulas can differ between studies, and features computed from different matrices can have the same name (47). For example, entropy can be computed either from a histogram of intensities or from the GLCM matrix accounting for spatial repartition of intensities, leading to different values (eg, 1.6 from the histogram and 2.8 from GLCM for a cervix tumor; Fig. 4B) (26).

To be widely applicable, a radiomic model should thus come with an unambiguous definition of the radiomic features involved in the model. To tackle that issue, a list of formulas for radiomic feature calculation is being proposed by the Image Biomarker Standardization Initiative (48).

Advanced PET quantitative features for outcome prediction in radiation therapy

Radiomics is mostly used as a tool for prediction of treatment outcome in terms of survival or pathologic tumor response. A list of clinical studies involving patients undergoing radiation therapy and radiomic analysis involving advanced features is presented in Table 1 (32-46, 49-62). All 28 studies were retrospective, and most (79%) included fewer than 100 patients. Only 3 studies included a validation of the radiomic model on data that differed from the data used to derive the model (42, 46, 59). The most frequent cancer types were lung ($n = 8$), esophageal ($n = 6$), head and neck ($n = 5$), and cervical ($n = 3$). Two studies evaluated radiation-induced damage in brain metastases and head and neck cancer (41, 49), whereas the main outcome for all other studies was overall survival or objective tumor response rate. Only 2 studies were conducted using tracers other than FDG: ^{18}F -fluoro-ethyl-tyrosine for brain metastasis (49) and ^{68}Ga -DOTATATE/DOTATOC (68Gallium-DOTA-Tyr(3)-Thr(8)-octreotate) for thyroid (62). A total of 25 studies investigated conventional (SUV and volumetric features), first-order and

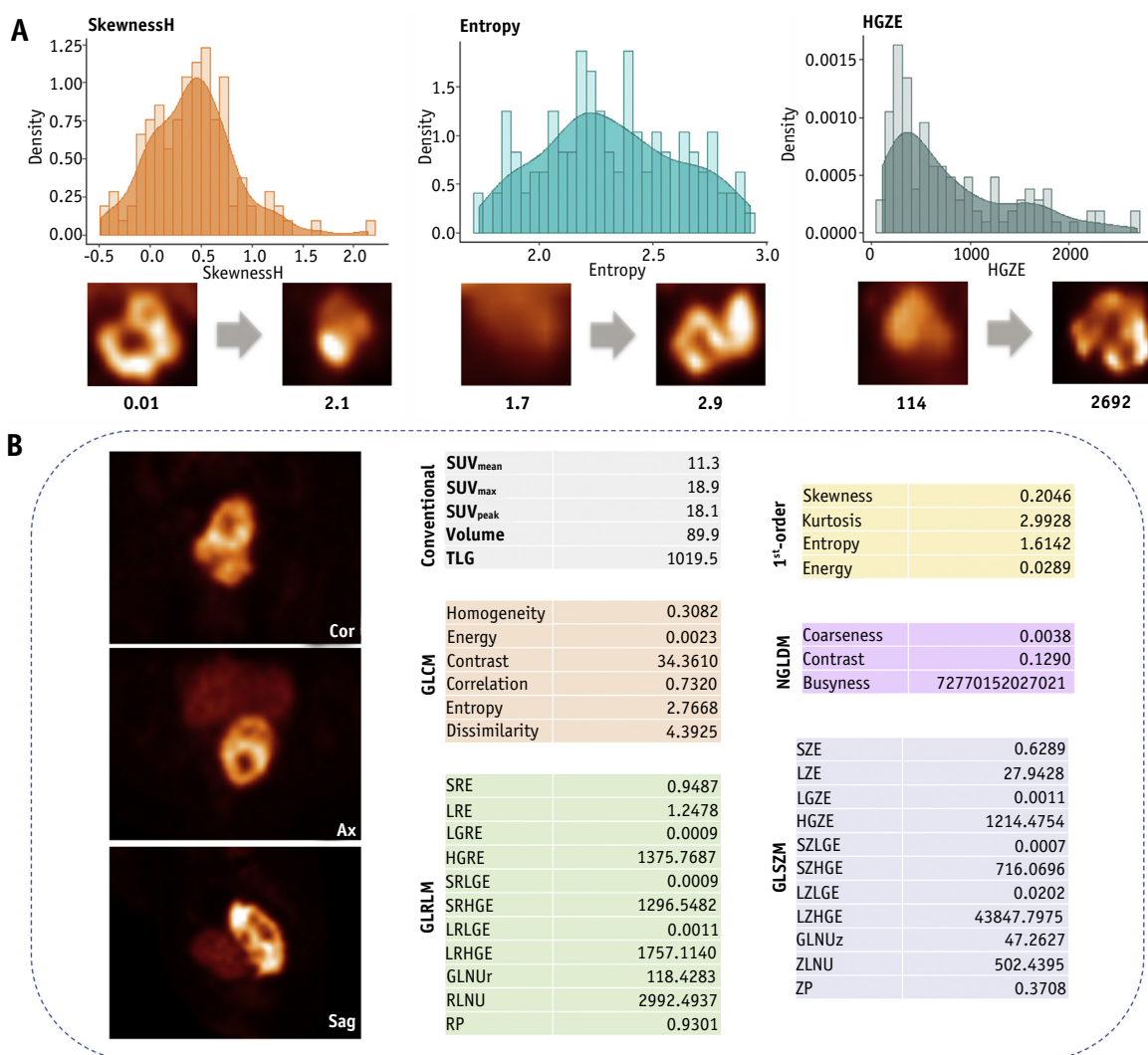


Fig. 4. (A) Comparison of distributions for 3 features—SkewnessH from the histogram of intensities, entropy from GLCM matrix, and HGZE from GLSZM matrix—with examples from patients with locally advanced cervical cancer. (B) Example of radiomic feature values: squamous cell cervical carcinoma, FIGO stage IIb, 78 years old; General Electric Discovery-690 PET-CT, voxel size: 2.7 mm × 2.7 mm × 3.4 mm; absolute discretization in 128 gray levels between 0 and 40 SUV. Features are classified by type (conventional, other first-order features, and features from textural matrices). *Abbreviations:* FIGO = fédérati^on internationale de gynécologie et d'obstétrique (international federation of gynecology and obstetrics); GLCM = gray-level co-occurrence matrix; GLSZM = gray-level size zone matrix; HGZE = high gray-level zone emphasis; PET-CT = positron-emission tomography—computed tomography; SUV = standardized uptake value.

second-order features, whereas 3 papers included only conventional and histogram features (34, 36, 55). Tumors were mostly segmented using a threshold ($n = 13$) or manually ($n = 10$), and several teams compared the impact of different methods of delineation (32, 44, 50). In most studies, advanced radiomic features were not statistically significant predictors of treatment outcome in univariate analysis, and their added value was only suggested in multivariate models, leading to better results than SUV. Conclusions from these publications cannot always be tested on other data because of the absence of methodological information or the use of homemade software without any details about how the features were calculated

(discretization, feature formulas). When homemade software is used, authors should give access to the code to ensure reproducibility of their work. The use of freely available radiomic software—for example, IBEX (63), LIFEx (64), or PyRadiomics (65)—could be an important step toward validation of the models in independent cohorts. A radiomic model will be fully validated only if it is successfully assessed by independent investigators. This might require some standardization of radiomic software so that features of a given name are calculated identically in different software and identical or similar values are obtained for each feature by different software when using the same input image. Furthermore, the availability of input

Table 1 List of clinical publications with keywords “(Radiomics or texture or textural) AND PET AND Radiotherapy”

Reference	Cancer type	Nb. of patients	Software	No. of scanners	Segmentation method	Features	Modality	Method of calculation	Stats	Outcome	Findings
Lohmann et al. (49)	Brain metastasis	47	MATLAB (CGIT)	1	Threshold (TBR = 1.6)	Histogram, GLCM, GLRLM, NGLDM, GLSZM	FET-PET	relative discretization, 64 levels	Fleiss's Kappa analysis, ROC analysis	Discrimination between brain metastasis recurrence and radiation injury	27 radiomic features had an AUC >0.7; TBR _{mean} alone had an accuracy of stratification of 81%; the highest accuracy (85%) was reached when combining TBR _{mean} and Coarseness_NIDM or SZE ($P < .01$); improvement in diagnostic accuracy was not significant.
Roman-Jimenez et al. (50)	Cervix	53	-	-	Region-growing with different thresholds (10%-90% SUV _{max})	Conventional, histogram, shape, GLCM, GLRLM	FDG-PET	Relative discretization, 64 levels	RF model	OS	36 out of the 1026 features were highly significant (AUC = 0.72-0.83; $P < .01$); AUC = 0.90 with a 9-feature model based on volumetric and shape features only after recursive elimination of the least important variables.
Yang et al. (38)	Cervix	20	-	1	Threshold (40% SUV _{max})	Conventional, GLRLM, GLSZM	FDG-PET	3D, relative discretization, 256 levels	Friedman's ANOVA, Mann-Whitney test	Evolution during treatment, assessment of treatment response	No feature was able to distinguish between CMR and PMR/NEW at baseline; 10 textural features showed significant changes during treatment in the CMR group ($P < .05$), as did 10 features in the PMR/NEW group ($P < .05$).
Reuzé et al. (42)	Cervix	118	LIFEx	2	Threshold (40% SUV _{max})	Conventional, GLCM, GLRLM, GLSZM	FDG-PET	3D, absolute discretization, 0.3 SUV step	Wilcoxon test, ROC analysis, AIC for feature selection	Local recurrence prediction	A 4-feature signature can predict local recurrence of locally advanced cervical cancer better than SUV _{max} . High variability observed in texture index between scanners corresponding to different generations.
Beukinga et al. (45)	Esophagus	97	MATLAB	1	Manual + Erosion	Clinical, geometry, conventional, histogram, GLCM, GLRLM, GLSZM	FDG-PET + CT	3D, bins of 0.5 g/mL	Univariate logistic model, multivariate logistic model, ROC	Complete vs incomplete response	A prediction model including clinical, geometry, CT, and PET features leads to an AUC of 0.78 compared to 0.58 with a simpler model including SUV _{max} only. This model was internally validated using a bootstrap approach (AUC = 0.74).

Desbordes et al. (51)	Esophagus	65	-	1	Contrast-based adaptive threshold algorithm	Clinical data, Conventional, GLCM, GLDM, GLSZM	FDG-PET	3D, absolute discretization, 0.5 SUV step	Spearman's rank correlation analysis, RF feature selection, ROC analysis, K-M curves	Response to therapy at 1 month, OS	Improvement of predictive and prognostic values by using the RF classifier compared to Mann-Whitney U Test and Univariate K-M survival analysis.
Nakajo et al. (43)	Esophagus	52	Home-made	1	Threshold (SUV >2.5)	Conventional, histogram, textural features (local and regional heterogeneity parameters)	FDG-PET	3D, absolute discretization, 64 levels	Spearman rank test, ROC analysis, K-M curves	Response to treatment	Higher MTV, TLG, intensity variability and size-zone variability shown in nonresponder patients. Limited added value of these parameters for the patient prognosis.
Tanet al. (52)	Esophagus	20	ITK	1	Connected-threshold method for SUV >2.5	Conventional, histogram, shape, GLCM	FDG-PET	Relative discretization	ROC analysis, Mann-Whitney test	Pathologic tumor response	3 textural features computed on postchemoradiation PET images were statistically predictive of treatment response (AUC >0.78, $P < .04$); pretreatment skewness, difference and ratio of SUV_{max} , and difference of SUV_{mean} were statistically significant (AUC >0.79 and $P < .05$).
Tixier et al. (37)	Esophagus	41	Home-made	1	FLAB	Conventional, histogram, GLCM, NGLDM, GLRLM, GLSZM	FDG-PET	3D, relative discretization	Kruskal-Wallis test, ROC analysis	Response to treatment	Textural features were highly predictive of treatment outcome (entropy: $P = .0006$; regional intensity variability: $P = .0002$).
van Rossum et al. (53)	Esophagus	217	IBEX	1	Gradient based	Conventional, histogram and textural features	FDG-PET	-	Univariate/multivariate analyses with c-indices	Pathologic tumor response	Difference of run percentage and ICM entropy were predictive of higher chance of complete response (corrected c-index = 0.77 in combination with clinical and conventional parameters).
Van Dijk et al. (41)	HNSCC	161	-	1	-	Conventional, histogram, GLCM, GLRLM, GLSZM, NGLDM	FDG-PET+CT	3D, absolute discretization, bin width of 0.25 SUV	Univariable logistic regression, multivariate model using lasso regularization	Late radiation-induced xerostomia	11 histogram and 35 textural features were significantly associated with xerostomia at 12 months ($P < .05$); a basic model (SUV_{mean} , parotid dose, xerostomy at baseline) had an AUC of 0.77; the same AUC was reached when replacing SUV_{mean} by the 90th percentile of SUVs, or LRHGE.

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Table 1 (continued)

Reference	Cancer type	Nb. of patients	Software	No. of scanners	Segmentation method	Features	Modality	Method of calculation	Stats	Outcome	Findings
Yu et al. (35)	HNSCC	40 (20 with tumor + 20 controls)	-	1	Manual	Conventional, histogram, GLCM, NGLDM, structural features	FDG-PET + CT	3D	K nearest neighbors and decision tree—based classifiers, ROC analysis	Discrimination between normal and tumor tissue	Textural analysis was able to discriminate between normal and abnormal tissues as well as a human expert; combination of PET and CT features improved results
Oh et al. (55)	HNSCC	27	home-made	2	Manual	Conventional and histogram	FDG-PET	-	Mann-Whitney U test, Cox proportional hazard models	DFS, OS	Baseline PET-based coarseness and busyness are highly predictive of chemoradiation response (best result with coarseness: AUC = 0.82, $P = .001$).
Cheng et al. (56)	HNSCC	70	MATLAB (CGIT)	2	Threshold (SUV >2.5)	Conventional, histogram, GLCM, NGLDM	FDG-PET	Relative discretization, 4-64 levels	Student <i>t</i> -test, K-M analysis, Cox models	PFS, OS, DSS	Uniformity from GLCM is an independent prognostic predictor (PFS, DSS: $P = .001$; OS: $P = .017$).
Chen et al. (44)	HNSCC	57	Home-made	1	Threshold (various methods)	Conventional, GLCM, GLRLM, NGLDM, GLSZM	FDG-PET	3D, absolute discretization between SUV _{min} and SUV _{max} , fixed bin size	Mann-Whitney U test, ROC curves, K-M curves	Correlation with genomic expression, DSS, PRFS	The overexpression of VEGF was associated with increased values of GLNUz and RLNU. Textural features combined with T-stage and immune-histochemical data can help to stratify treatment outcome.
Cook et al. (36)	NSCLC	53	-	2	Threshold 45% SUV _{max} , corrected by an expert	Conventional and histogram	FDG-PET	3D	K-M analysis, ROC curves, Mann-Whitney tests with CT RECIST	OS, PFS, local PFS	Coarseness, contrast, and busyness are associated with treatment failure by RECIST ($P = .004$, $P = .002$, $P = .027$ respectively) and poorer prognosis (PFS, LPFS: $P < .02$; OS: $P = .003$ for coarseness).
Dong et al. (39)	NSCLC	58	MATLAB	1	Threshold (SUV >3.0)	Conventional, histogram, GLCM	FDG-PET	3D, relative discretization, 64 levels	Wilcoxon test, ROC analysis, K-M analysis	Treatment response, OS, PFS	Baseline contrast and COV were the best predictors of treatment response (AUC = 0.804 and 0.781, respectively); change of radiomic features during treatment was more accurate (Δ contrast: AUC = 0.862, Δ COV: AUC = 0.799); Δ contrast >70.3% was associated with improved PFS ($P =$

Kirienko et al. (46)	NSCLC	295	LIFEx	2	Threshold (40% SUV _{max})	Conventional, histogram, shape, size, second and higher order features	FDG-PET + CT	3D, absolute discretization, 64 levels	Univariate analysis, multivariate Cox proportional K-M curves	DFS	.007); PFS was lower when Δ AUC-CSH was lower ($P = .039$); both baseline contrast and Δ contrast were associated with OS ($P = .02$ and $.008$, respectively); Δ contrast was the only textural feature with significant independent prognostic value for OS and PFS on multivariate analysis ($P = .021$ and $.015$, respectively).
Lovinfosse et al. (57)	NSCLC	63	Home-made	2	FLAB	Conventional, histogram, GLCM, NGLDM, GLSZM	FDG-PET	Relative discretization, 64 levels	Logistic regression, K-M analysis	OS, DSS, DFS	Different Cox models were developed. The one including radiomic features from PET+CT images resulted in an AUC of 0.68
Takeda et al. (58)	NSCLC	26	MATLAB (CGIT)	1	Manual	Conventional, histogram, GLCM, GLSZM	FDG-PET	Relative discretization, 64 levels	ICC, K-M analysis	Robustness to segmentation, LC, PFS, OS	On univariate analysis, only dissimilarity was associated with DSS (HR = 0.822, $P = .037$); 8 textural and histogram features were associated with DFS ($P < .05$); on multivariate analysis, 2 cut-off values were established for stratification with dissimilarity (DSS: $P = 0.092$; DFS: $P = 0.0034$).
Vaidya et al. (33)	NSCLC	27	CERR	1	Manual	Conventional, histogram, GLCM	FDG-PET + CT	3D	Spearman's correlation and multivariable logistic regression	Local and locoregional recurrence	For all features except ZP (ICC = 0.65), ICC was between 0.81 and 1.00 for 2 different delineations by 2 observers. IVH had the highest univariate association with locoregional recurrence; a combination of CT-V70 and PET-V80 yielded the best correlation with loco-regional and local failures ($r = 0.49$ and $r = 0.59$, respectively).

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Table 1 (continued)

Reference	Cancer type	Nb. of patients	Software	No. of scanners	Segmentation method	Features	Modality	Method of calculation	Stats	Outcome	Findings
Wu et al. (59)	NSCLC	101	MATLAB	1	Manual and FCM	Conventional, histogram, shape, GLCM, wavelets, Laws family	FDG-PET	-	35 robust, reproducible, nonredundant features in the clinical analysis; 70 training, 31 validation; <i>glmnet</i> for feature selection, Cox model for prediction	Robustness of features; prediction of distant metastasis	A signature combining SUV_{peak} and Gauss Cluster Shade (Laws filter group) was identified for prediction of distant metastases (training: c-index = 0.73, HR = 5.4, $P = .0019$; validation: c-index = 0.71, HR = 4.8, $P = .0498$); when histological subtype is added in the signature, c-index = 0.80 ($P < .001$), whereas histological type alone was not significant ($P = .77$).
Yip et al. (60)	NSCLC	26	MATLAB (CGIT)	1	Manual	NGLDM, GLCM, GLRLM	FDG-PET	Absolute discretization (32 levels) on rescaled images	Relative difference between 3D and 4D-based features; Kruskal-Wallis-test	Sensitivity of textural features to tumor motion (comparison 3D/4D images)	Significant differences were found between 3D and 4D PET imaging for 4 features (1%-10%, $P < .05$); variability between phases of 4D-PET was negligible; 4D-PET may have better prognostic value with radiomics analysis.
Yue et al. (40)	Pancreas	26	-	1	Manual except for SUV_{mean} calculation (threshold 40% SUV_{max})	Conventional, GLCM	FDG-PET	3D, relative discretization, 16 levels	Selection of feature using lasso/elasticnet regression; Cox regression, ROC analysis, K-M analysis	OS	Any PET feature was prognostic at baseline; 8 features were significant on post-RT PET images; changes in SUV_{max} , entropy, variance, sum mean, cluster tendency, and maximum probability between pre-RT and post-RT images were highly predictive of OS ($P < .01$); after variable selection, a multivariate model gathering age, clinical N-stage, Δ homogeneity, Δ variance, and Δ cluster tendency was identified ($P = .001$).

Bang et al. (61)	Rectum	74	MaZda	1	Different threshold-based contours for MTV and TLG; manual segmentation for texture analysis	Conventional, histogram, GLCM, GLRLM	FDG-PET	Relative discretization, 64 levels in $\text{mean} \pm 3\sigma$	Univariate/multivariate binary logistic regression and Cox regression analyses	Treatment response, 3-year DFS	MTV, histogram, and textural features from GLCM were significantly associated with response to chemoradiation ($P < .05$ for MTV extracted with liver $\text{SUV}_{\text{mean}} \pm 3\sigma$ threshold and histogram-based features, $P < .01$ for GLCM sum entropy and entropy); textural features combined with MTV were predictive of recurrence.
Bundschuh et al. (34)	Rectum	27	Interview Fusion Workstation	1	Manual	Conventional and histogram	FDG-PET	3D	ROC analysis, Youden index, Pearson correlation analysis, K-M analysis	Histopathologic response, prediction of survival	COV statistically significant to assess histopathologic response during and after chemoradiation; AUC of COV was higher than conventional features for early and late response assessment.
Lapa et al. (62)	thyroid	12	Interview Fusion Workstation	3	Manual	Conventional, histogram, GLCM, GLSZM	^{68}Ga -PET	-	Pearson correlation, t-test, ROC analysis, K-M analysis	OS, PFS	Contrast (AUC = 0.89, $P = .0006$), GLNU (AUC = 0.93, $P = .007$), intensity variation (AUC = 0.89, $P = .001$), SRE (AUC = 0.85, $P = .018$) correlated significantly with PFS; a cut-off between responders and nonresponders was identified for these features ($P = .04$, $P = .04$, $P = .01$, $P = .02$, respectively); no significant correlation was found between OS and textural or conventional features.

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Table 1 (continued)

Reference	Cancer type	Nb. of patients	Software	No. of scanners	Segmentation method	Features	Modality	Method of calculation	Stats	Outcome	Findings
Hatt et al. (32)	Multisite: breast, cervix, esophagus; NSCLC; head and neck	555	Home-made	2	FLAB and manual	Conventional, GLCM, GLSZM	FDG-PET	3D (2 methods) / different methods of relative discretization	Spearman's correlation, Cox models, K-M curves	Methodology + OS in NSCLC and esophageal cancer	Dissimilarity and entropy were found to have prognostic value in esophageal cancer (HR = 1.92; $P = .0052$) and NSCLC (HR = 2.82; $P < .0001$), respectively; in NSCLC, heterogeneity, volume, and stage were independent prognostic factors that allowed stratification of patients when combined ($P < .0001$).

Abbreviations: AIC = Akaike Information Criterion; AUC = area under the curve; CMR = complete metabolic response; COV = coefficient of variation; CSH = area under the cumulative SUV-volume histogram; DFS = disease-free survival; DSS = disease-specific survival; FET-PET = ¹⁸F-fluoro-ethyl-tyrosine; FLAB = fuzzy locally adaptive bayesian segmentation; GLNU = gray-level non-uniformity; GLRLM = gray-level run-length matrix; GLSZM = gray-level size zone matrix; HNSCC = head and neck squamous cell carcinoma; ICC = interclass correlation coefficient; ITK = insight toolkit platform for image analysis; K-M = Kaplan-Meier; IVH = intensity volume histogram; LC = local control; LRHGE = ; MTV = metabolic tumor volume; NEW = progression; NGLDM = neighborhood gray-level difference matrix; NSCLC = non-small cell lung cancer; OS = overall survival; PFS = progression-free survival; PMR = partial metabolic response; PRFS = primary relapse-free survival; RECIST = Response Evaluation Criteria In Solid Tumors; RF = Random Forest; ROC = receiver operating characteristic; SRE = short run emphasis; SZE = short zone emphasis; TBR = tumor to brain ratio; TLG = total lesion glycolysis; VEGF = vascular endothelial growth factor.

data (anonymized segmented images) could facilitate multicenter studies and verification of results. To our knowledge, only 4 nonrandomized clinical trials combining PET radiomics and radiation therapy have been proposed (Table E1; available online at www.redjournal.org). These studies aim to develop a decision support system, correlate radiomic features with immune modulation, or evaluate the change in tumor heterogeneity during treatment.

Biological target volume and biologically guided dose painting

Tumor heterogeneity is known to be a determinant factor in tumor progression. There is currently a lack of noninvasive methods for depicting tumor heterogeneity, and radiation therapy is generally prescribed assuming that the target volume is homogeneous (66). The use of radiomic features such as textural features could be of great interest to describe precisely cellular heterogeneity and guide radiation therapy treatment. Orlhac *et al.* compared autoradiography and PET images of tumors in mice to demonstrate that textural analysis reflects cellular arrangement (67). Further work is needed to better understand the relationship among cell biology, genomics, and tumor-based radiomics features computed from medical images (68).

Dose painting aims at delivering a heterogeneous dose pattern to boost areas suspected to be more radioresistant that could be identified using functional imaging (69). Numerous studies involving various histology and tumor localizations used PET imaging for dose painting, investigating the benefit of multitracer images (70-75). Two dose painting methods have been described in the literature:

1. Dose painting by numbers, in which the dose to each voxel is determined as a function of the functional image intensity;
2. Dose painting by contours, in which homogeneous doses are delivered in subregions of the tumor contoured semiautomatically using functional images and specific intensity thresholds (76).

The use of baseline PET-CT to define biological radiation therapy boost volumes has been investigated for pancreatic, prostate, head and neck, cervical, lung, and esophageal cancers (71, 77-82). Most ongoing clinical trials are focused on head and neck cancer (72, 83-87) and use a fixed SUV threshold or a manual delineation for determining subvolumes in which the dose has to be escalated (Table E2; available online at www.redjournal.org). Several clinical trials involving PET to guide dose planning are still recruiting. These clinical trials will be necessary to validate the clinical added value of PET-based dose painting, which has not yet been fully demonstrated. The first long-term analysis of patients with prostate cancer treated with a

PET-based simultaneous integrated boost recently showed a higher but not significant difference in biochemical recurrence-free survival (92% vs 85% without simultaneous integrated boost, $P = .17$) (88). No retrospective studies or ongoing clinical trials have used radiomic features other than SUV for dose planning. More sophisticated radiomic models involving additional features might enhance biological target volume and biologically guided dose painting. Furthermore, the potential added value of radiomic features calculated in images acquired during treatment for adaptive planning remains to be investigated.

Beyond ^{18}F -FDG

Even if FDG is the most common radiotracer used in PET imaging, there is increasing interest in other tracers in oncology, targeting different metabolic pathways or receptor expressions at preclinical or clinical stage (89-91).

Texture analysis studies involving tracers other than FDG are not common, but the concept developed for FDG can be extended to other tracers that are especially relevant in oncology. As an example, preliminary studies on ^{18}F -fluorothymidine images showed a high correlation between 2 histogram-based features and survival in patients with newly diagnosed glioma (92) or between entropy of the histogram and survival in patients with colorectal cancer (43). Moreover, ^{18}F -dihydroxyphenylalanine PET has been reported as a highly accurate tool for differentiating radiation necrosis from progressive brain metastases after stereotactic radiosurgery (93). Limitations of these studies include the low number of patients and the lack of assessment of the radiomic model on data that differed from the data used to design the model.

Prospective radiomic studies combining images acquired with different tracers could help the community to assess their added value compared to FDG only.

Challenges in PET Radiomic Pipeline

As illustrated in Figure 2, several sources of variability can be identified at each step of the radiomic pipeline. The fact that the robustness of radiomic models with respect to these sources of variability is almost never studied considerably limits the dissemination of radiomics to the clinical radiation therapy workflow.

Continuous technological advances in PET imaging

Since the first PET scanner was developed by Phelps et al in 1975 (94) and the first hybrid PET-CT scanner was developed in 2000 by Beyer et al (95, 96), tremendous advances have occurred in PET imaging with the advent of new detectors, computing power, and electronic miniaturization. PET imaging currently plays a key role in oncology, and image quality has been considerably improved in recent years. New detector geometry (now typically with 20

cm axial field of view [FOV] and 70 cm transaxial FOV), better detector performance, and more sophisticated image reconstruction algorithms have significantly increased PET sensitivity and enhanced spatial resolution (~ 4 -5 mm around the FOV center) (97) and contrast-to-noise ratio with the use of time-of-flight (98), while reducing scanning time. The enhanced spatial resolution allows for smaller voxel size, resulting in possible finer assessment of tumor heterogeneity. Other developments regarding motion correction, metal artefact reduction on the CT component for more accurate PET attenuation correction, and continuous bed motion (99) are ongoing to further enhance routine image quality in the near future.

Although these improvements in PET image quality are of course beneficial, they result in large variability in PET image quality as a function of the scanner and acquisition and reconstruction protocols used in different departments. Indeed, improved spatial resolution yields more accurate tracer activity recoveries and hence produces significant changes in SUV (100-103). As an example, in lymph nodes, sophisticated reconstruction including a model of the detector response increased SUV_{max} by 43% (4.5-6.5) and SUV_{mean} by 28% (3.6-4.6) with respect to values measured when the detector response was not modeled ($P < .05$) (103). Such differences in SUV will affect dose planning based on PET if the boost region is defined based on an SUV threshold.

The variability of PET textural indices as a function of scanner and acquisition and reconstruction protocols can be assessed using phantom acquisitions and patient data and has been found to be highly feature dependent (104-109). A comparison of 5 studies is presented in Table 2, with a selection of common radiomic features (104-108). Some results for several features vary among studies because of the use of different radiotracers, PET scanners, and methods of calculation. Methods for characterizing feature variability were also different and used either coefficients of variation or percentages of difference. However, some trends can be extracted from this table. Entropy from the co-occurrence matrix is one of the most robust textural features, and voxel size is the most important source of variability influencing all parameters, independent of imaging modality (67, 110, 111). A limitation of these studies is the use of a single PET device in each study so that the variability across scanners could not be investigated.

The impact of respiratory motion on textural features was highlighted using a heterogeneous phantom (112) and patients with lung cancer (60, 113). In particular, long run low gray, busyness, maximal correlation coefficient, and coarseness were significantly different ($P < .05$) between 3D and 4D PET images in 26 patients with lung cancer (60), suggesting that respiratory motion blur significantly changes the textural feature values. Similarly, among 56 features extracted from 23 patients with lung cancer in another study, only 26% demonstrated less than 5% difference between 3D and 4D PET images (113). Comparison of textural features between 4D-PET phases shows, however, that similar values

Table 2 Robustness of selected textural features (TF), using coefficient of variation (COV_{TF}) or percent difference (%Diff) as a robustness classifier (–, +, and ++ for low variability, intermediate variability, and high variability, respectively) (104-108)

Matrix	Feature	Source of variability														
		All parameters		Acquisition & Reconstruction				Post-filtering level			Iteration number		Matrix size			
		Shiri et al.	Galavis et al.	Shiri et al.	Cortes-Rodicio et al.	Bailly et al.	Yan et al.	Shiri et al.	Bailly et al.	Yan et al.	Bailly et al.	Yan et al.	Shiri et al.	Bailly et al.	Yan et al.	
Conventional	SUV _{mean}	-	++	-	-		-	-		-		-		+		-
	SUV _{max}	-	++	+	+		-	+		+		-		-		++
	SUV _{peak}	-		-	+		-	-		-		-		+		-
Histogram	SkewnessH	+	++	++	++		++	+		++		++		+		++
	KurtosisH	-	++	-	-		-	-		-		-		-		+
	EntropyH	-	-	-	-		-	-		-		-		-		-
GLCM	EnergyH		++				-			-		-		-		+
	Homogeneity	-	++	-	-	-	-	-		-		-		++	+	++
	Energy					-	-			-		-		++	++	++
	ContrastCM	-	++	+	++	++	-	+	-	+	+	-	++	++	++	++
	Correlation	-	++	-	-	++	-	+	+	+	++	+	-	++	++	++
GLRLM	Entropy	-	+	-	-	-	-	-		-		-		-		+
	Dissimilarity	-		-	+	-	-	-		-		-		++	++	++
	SRE	-	++	-	-		+	-		+		-		-		++
	LRE	-	++	-	-		+	-		+		-		++		++
	LGRE	++	-	++	++	++	-	++	+	-	++	-	++	++	-	-
	HGRE	-	+	-	-	+	-	+	+	-	+	-	++	+	-	-
	SRLGE	++	++	++	++		+	++		+		-	++		++	++
	SRHGE	-	++	-	+		+	+		+		-	++		++	++
	LRLGE	++	++	++	++		+	++		+		-	++		++	++
	LRHGE	+	++	+	+		+	++		+		-	++		++	++
NGLDM	GLNUR		++				-			-		-				++
	RLNU		++		-		+			-		-				++
	RP	-	++	-	-	-	-	-		-		-		++	-	++
	Coarseness	-	++	-	+		-	+		+		+		++		++
GLSZM	ContrastDM	-	++	+	++		-	-		+		-		++		++
	Busyness	+	++	+	+		-	+		+		+		++		++
	SZE	-		-	-		+	-		++		-		-		+
	LZE	+		+	-		+	+		+		-		++		+
	LGZE	+		++		++	-	++	+	-	++	-	++	++	-	-
	HGZE	-		-		+	-	+	+	-	+	-	+	+	+	+
	SZLGE	++		++	++	++	+	++	++	+	++	-	++	++	+	+
	SZHGE	-		-	+	+	+	-	+	+	+	-	-	+	+	++
	LZLGE	++		++	++		+	++		++		-	++		++	+
	LZHGE	+		+	+		+	++		++		+	++		++	+
	GLNUz						-			-		-				++
	ZLNU				-	+	+		+	-	+	-		++		++
	ZP	-		-	-	-	++	-	-	++	-	++	++	+	++	++

For Bailly et al (105): high = with COV_{TF} not statistically different from $COV_{SUV_{mean}}$ and COV_{TF} statistically different from $COV_{SUV_{max}}$ with $COV_{TF} < COV_{SUV_{max}}$; intermediate = COV_{TF} not statistically different from $COV_{SUV_{max}}$; low = COV_{TF} statistically different from $COV_{SUV_{max}}$ with $COV_{TF} > COV_{SUV_{max}}$. For Yan et al. (107), Shiri et al (108), and Cortes-Rodicio et al. (104): high = $COV_{TF} > 20\%$; intermediate = $10\% < COV_{TF} \leq 20\%$; low = $COV_{TF} \leq 10\%$. For Galavis et al. (106): high = $\%Diff \geq 30\%$; intermediate = $10\% \leq \%Diff \leq 25\%$; low = $\%Diff \leq 5\%$ with $\%Diff = 100 \times (TF - TF_{mean})/TF_{mean}$ where TF corresponds to texture feature value for each reconstructed image, and TF_{mean} is the average value.

could be obtained from all phases (60, 113, 114). Half of the features computed by Oliver et al (113) showed less than 5% variability among 10 phases of respiratory-gated PET images.

The impact of noise on image features has also been investigated in ungated and respiratory-gated PET images of patients with lung cancer (115). In this study, Gaussian noise of varying standard deviations was added to images, and 81

radiomic features were calculated. Features computed from GLSZM were the most sensitive to noise (90% average difference between feature values extracted from ungated and respiratory-gated images). Difference increased with increases in noise level for intensity and GLCM features, highlighting the strong effect of noise on most radiomic features.

Because of variations in device technology and image quality, most previously published clinical radiomic studies have been performed using a single scanner and a single protocol to avoid biases. This approach therefore does not provide any guarantee regarding the validity of the results in different settings, and it limits the number of patients included in each study. In 2 studies (42, 55), 2 scanners were used. In one study (42), the radiomic model was designed based on images acquired on a single PET/CT scanner and then was evaluated by using images acquired from a different scanner, thus testing the robustness of the model, which was less performant for predicting cervical cancer recurrence on the second scanner. Oh et al (55) applied a smoothing kernel and spatial resampling to PET reconstructed images. The kernel characteristics were determined so that the recovery coefficients deduced from American College of Radiology phantom images were matched between the 2 devices, suggesting that the smoothed images from the 2 scanners had similar spatial resolution.

The issue of radiomic model robustness with respect to different scanners was highlighted in a recent study in which a signature for predicting the locoregional recurrence in cervical cancer was derived based on textural features extracted

from images acquired using 2 different PET scanners (Fig. 5A) (42). In a healthy liver region, 4 of 9 radiomic features were found to be significantly different ($P < .05$ for SUV_{max} , SUV_{peak} , homogeneity and entropy from GLCM) between the 2 image sets associated with the 2 scanners, demonstrating a scanner effect. In univariate analysis, a similar trend in textural feature values was observed for images coming from the 2 scanners (eg, higher entropy values for relapsing patients than for nonrelapsing patients; Fig. 5D). However, all entropy values were higher in the most recent PET scanner equipped with time-of-flight than in the oldest scanner, leading to a very different cutoff value for predicting recurrence in images from the 2 scanners. The 4-feature signature predicting tumor recurrence derived from images from the most recent PET scanner with good discrimination performance (area under the curve [AUC] = 0.86) performed more poorly when used on images from the oldest scanner (AUC = 0.76) (Fig. 5E). As illustrated using this example, a radiomic model derived from data acquired in certain conditions can thus not be straightforwardly extended to data acquired differently, which considerably limits the dissemination of radiomic models. Harmonization of data is absolutely needed so that radiomic models can be disseminated.

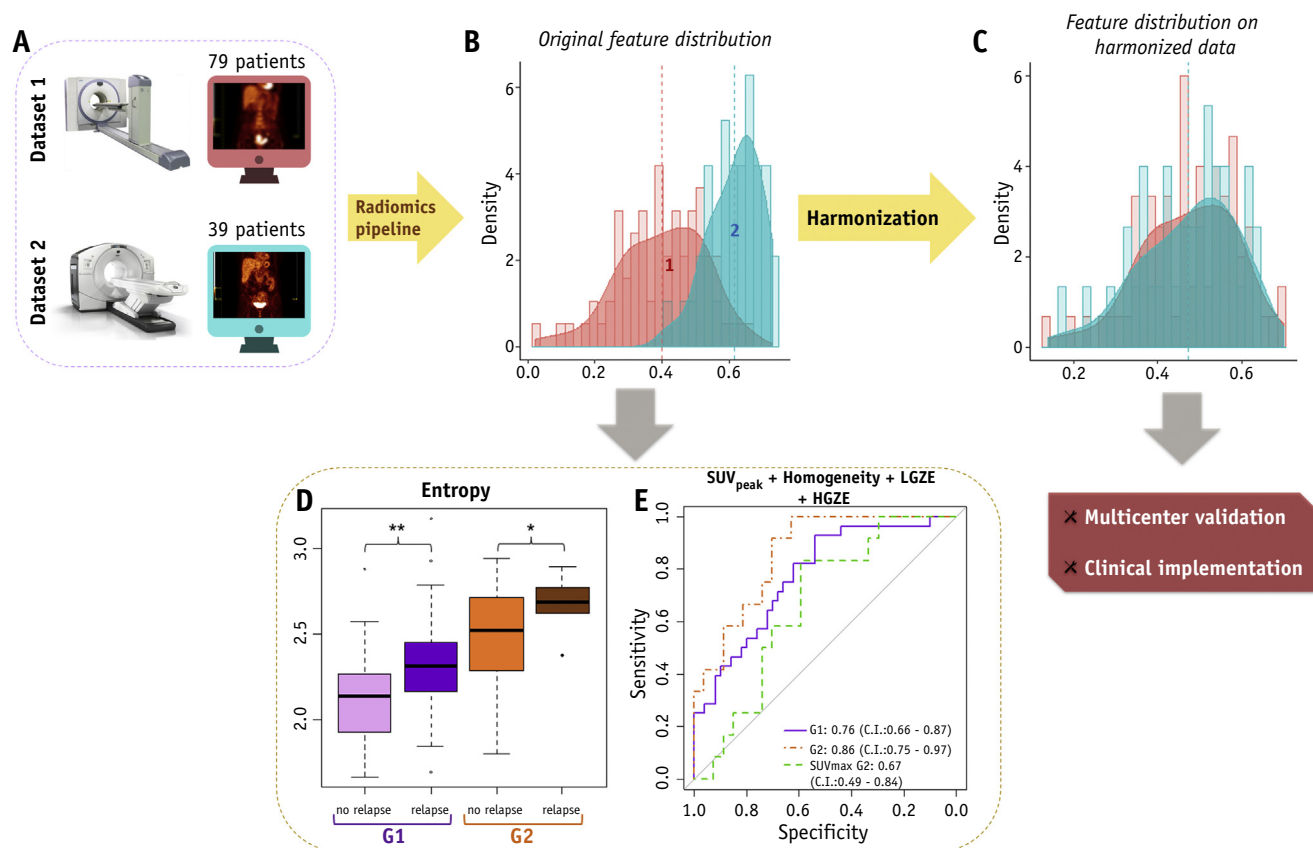


Fig. 5. Multiscanner radiomic study in patients with cervical cancer (42). Two patient cohorts were retrospectively included and gathered depending on the PET scanner used for image acquisition (A). Distribution of features were significantly different between groups, highlighting the fact that feature values greatly depend on the PET device, and making a predictive model of recurrence difficult to export (B). Using a statistical method of feature standardization (ComBat), distributions are similar, and multicenter validation could be possible (C).

The issue of varying values as a function of the imaging device and protocol was identified before radiomics development and was already a concern in interpreting SUV in FDG PET. Several organizations have thus developed standardization procedures for more reproducible quantification in PET for clinical trials (American College of Radiology, European Association of Nuclear Medicine, Society of Nuclear Medicine and Molecular Imaging—Clinical Trials Network). These procedures are all based on phantom acquisitions and aim at reducing multicenter variability in spite of different image acquisition and reconstruction protocols. Even if harmonization programs give some indication regarding patient preparation (116), discrepancies are still present between centers in terms of biases related to the patient's declared weight (117), the risk of deviation in postinjection uptake time (118–120), or the optimal injected activity (121).

Variations associated with reconstruction protocols can be reduced using postfiltering steps (122, 123) so that all images come close to a target spatial resolution value. A drawback of this approach is that images with the highest initial resolution see their resolution degraded, which is especially adverse for an analysis of image texture (124).

A harmonization method applicable a posteriori to the extracted features has been recently proposed (125). This method derived from genomic data analysis and called ComBat can identify a categorical confounding variable such as the model of the PET scanner and estimate the feature values devoid of this confounding variable effect. The method has been validated in healthy liver tissue and in breast cancer tumors; none of the 9 radiomic feature distributions that were investigated were significantly different between 2 nuclear medicine departments after the harmonization process ($P < .0001$ for more than 4 features before harmonization vs $P > .1$ for harmonized features). The accuracy of identification of triple-negative lesions based on radiomic feature cut-offs derived from the dataset of 1 nuclear medicine department was significantly enhanced when applied on another dataset after harmonization. When applying this approach to the data of patients with cervical cancer coming from the 2 PET scanners shown in Figure 5, the method was also quite effective (Figs. 5B and 5C). Using this harmonization method, retrospective analyses gathering data from different PET centers becomes feasible, and the implementation of radiomic analysis in a radiation therapy workflow is conceivable.

Effects of postprocessing pipeline on extracted values

Delineation method

As PET images are now considered useful to improve target volume delineation in radiation oncology and to define regions in which the dose could be escalated, a consensus on PET delineation is crucial. Automatic contouring methods have been described as inappropriate to

distinguish between high uptakes associated with tumor tissues and high physiological uptake or uptake due to inflammation (126). Many semiautomatic segmentation methods have been described, and an overview of the available segmentation methods is given in Table E3 (available online at www.redjournal.org) (127-139). A comprehensive description of segmentation methods used in PET imaging has recently been published in a report of the AAPM (American Association of Physicists in Medicine) task group (140). Advantages, drawbacks, and impacts of these methods on the resulting volume of interest (VOI) have already been widely discussed in the literature (126, 140-149), and the overall conclusion is that there is no such thing as a unique method that performs best in all circumstances. The method to be chosen highly depends on the method availability, ease of parameterization, image features, tumor type, and presence of neighboring structures with high uptake. SUV thresholding methods have been shown to have a significant impact on dose painting in patients with lung cancer (150). For dose painting by contours, the variability in dose prescription between reconstruction methods was lower when target volumes were delineated using an SUV_{peak}-based threshold than with SUV_{max}-based thresholding (150).

In the context of radiomics for outcome prediction, what matters is the difference in radiomic features as a function of the delineation method used. Indeed, for a radiomic model to be widely applicable, the radiomic features on which is based should be robust to segmentation, or all images should be segmented with the same method after ensuring that images are of similar quality in terms of spatial resolution and signal to noise ratio, which is currently quite difficult to achieve. If not available in the literature, an analysis of the robustness of radiomic features should be performed for each tumor type and segmentation method when user input is required.

The impact of segmentation method on radiomic feature values has been discussed in the literature. It has been reported that only 5 textural features (Entropy, SRE: short run emphasis, RP: run percentage, SZE: short zone emphasis, LRE: long run emphasis) were less dependent on segmentation method than SUV_{mean} with $sd_{\delta}(\text{feature}) < sd_{\delta}(\text{SUV}_{\text{mean}})$, and 12 features were highly dependent on the segmentation method, with $sd_{\delta}(\text{feature}) > sd_{\delta}(\text{MTV})$ (151). SUV_{max} thresholding at 40% was shown to be the most robust segmentation method in patients with non-small cell lung cancer, considering interobserver variability (compared to fuzzy locally adaptive bayesian (FLAB) and free-hand segmentation) and the association of radiomic features with patient survival (146). The impact of threshold value has been investigated in several publications, showing substantial differences in stratification power (22, 147). Using phantom images, the FLAB method has been shown to be more accurate than thresholding compared with ground-truth extracted from CT images because of the process of probabilistic classification for the delineation of small or

highly heterogeneous lesions (137, 152). The AUC values for response prediction were higher for most radiomic features calculated on volumes delineated using FLAB compared with a fixed 42% threshold. The difference was statistically significant for homogeneity, dissimilarity, high intensity emphasis, and the AUC of the cumulative histogram (153). In a study including 88 patients with cervical cancer, Altazi et al compared manual segmentation by 2 observers with a semiautomated graphical-based method (154). Only 10 of 79 features were reported as highly reproducible among segmentation methods in this study. However, cervical cancer segmentation is challenging because of the presence of adjacent organs with a very high uptake, such as the bladder, and the rectum.

To overcome the problem of segmentation method choice, Foley et al performed a radiomic analysis on esophageal cancer (155) using an automatic decision-tree-based pipeline for segmentation (156). The advantage of this method is that the best-fitting automatic segmentation method is selected for each individual case among various

methods (eg, adaptive iterative thresholding, region-growing, k-means iterative clustering, fuzzy-c-means iterative clustering, Gaussian mixture models-based clustering, watershed transform-based algorithm using Sobel filters). This strategy could be of interest for reducing variability induced by the segmentation step.

Method of discretization

To reduce the impact of noise and the size of textural matrices, voxels of similar intensities are gathered in a defined number of gray levels (Fig. 6C) before second-order feature calculation (Fig. 6B) (157, 158). SUV values can be discretized with a fixed bin size between fixed bounds (absolute method AD, Eq. 1, Fig. 6B) or with a fixed number of bins between SUV_{min} and SUV_{max} of the VOI (relative method RD, Eq. 2 [158], Fig. 6B or Eq. 3 [37, 38]). Even if these methods are the most commonly used, other methods such as the Max-Lloyd clustering algorithm (159) or histogram equalization (114) have also been described in the literature.

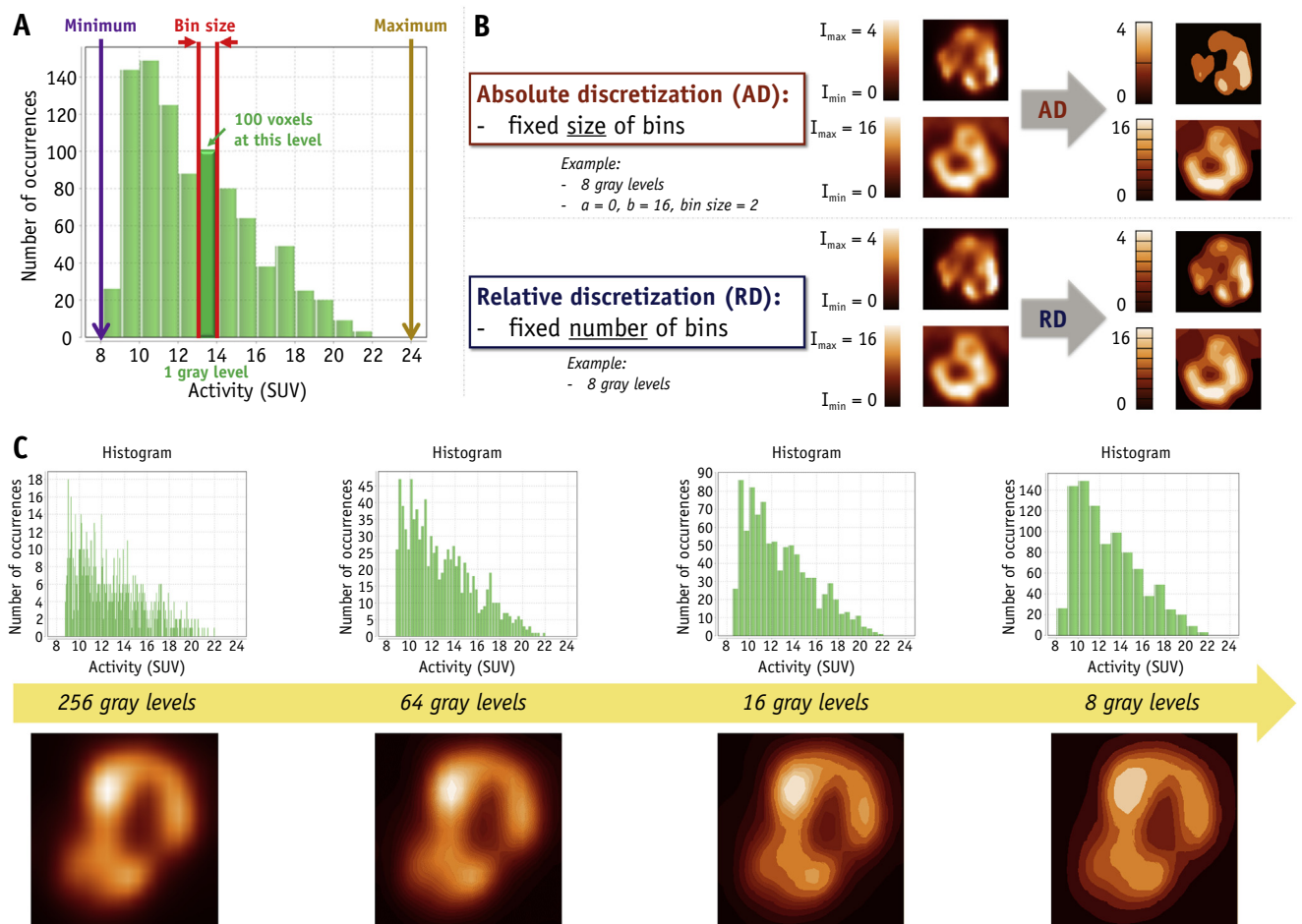


Fig. 6. Intensity discretization. (A) Histogram of intensities displays the minimum, maximum, bin size, and gray level quantities. (B) Two methods of gray level discretization are shown, absolute discretization (AD: fixed bin size between fixed bounds) and relative discretization (RD: fixed bin number between minimum and maximum intensity in the tumor). (C) Impact of gray level number on a real patient (with cervical cancer), between 8 and 256 levels.

$$AD(x) = \text{round}\left(D \times \frac{I(x) - a}{b - a}\right) \quad (\text{Eq.1})$$

$$RD_1(x) = \text{round}\left(D \times \frac{I(x) - \text{SUV}_{\min}}{\text{SUV}_{\max} - \text{SUV}_{\min}}\right) \quad (\text{Eq.2})$$

$$RD_2(x) = \text{round}\left(D \times \frac{I(x) - \text{SUV}_{\min}}{\text{SUV}_{\max} - \text{SUV}_{\min} + 1}\right) \quad (\text{Eq.3})$$

In Equations 1, 2 and 3, $AD(x)$ and $RD(x)$ are the resampled intensity values corresponding to voxel x , $I(x)$ is the original value in voxel x before resampling, D is the number of discrete values (also called bins), and (a, b) are the minimum and maximum bounds in SUV units for absolute discretization.

Robustness of radiomic features as a function of the discretization method has been investigated, and feature values can be compared between studies only if the same discretization process was used (67, 151, 157, 158, 160). It has been shown that many PET textural features are highly correlated to MTV with relative discretization (153, 158). Despite a lower correlation with MTV, a higher correlation with SUV_{\max} has been reported for AD (157). Absolute discretization has been shown as more appropriate in clinical cases (157), and this can be intuitively understood. With RD, a tumor in which SUV varies with a Gaussian distribution between 2 and 4 will see its voxel values discretized similarly to a tumor in which SUV varies with a Gaussian distribution between 2 and 16; it is likely that the later tumor is more heterogeneous than the former because it includes voxels with $\text{SUV} = 2$ and voxels with $\text{SUV} = 16$ (Fig. 6A). The bounds of absolute discretization should be carefully chosen to encompass all SUV values encountered in the entire cohort and should be set to a value

greater than the maximum SUV_{\max} observed over all VOIs (67). For Leijenaar et al (157), the optimal value of intensity resolution (bin width) could not be identified because textural features computed with different bin sizes could carry complementary information. Absolute discretization with a fixed bin size of 0.3 SUV unit leading to 64 discrete values between 0 and 20 SUV (158, 160) or 128 values between 0 and 40 SUV because of an $\text{SUV}_{\max} > 20$ in several VOI has been proposed (42, 161).

All these results emphasize the need for precise description of the method used so that a study design can be replicated using different data. As for segmentation, each discretization method has advantages and drawbacks and can lead to substantially different results (158, 162).

Model building and validation

Usually, each patient (ie, each tumor in most cases) is characterized by a vector of radiomic feature values. Most radiomic studies aim at establishing a link with a clinical parameter, which can be categorical (eg, stage, cancer subtype, relapse) or continuous (eg, censored like survival, risk score), as a decision support system, using statistical learning approaches (Figs. 2D and 7).

Statistical learning methods are either supervised or unsupervised. Supervised methods learn to predict an explicit variable from labeled data (called a “training set” or “discovery set”) using optimization (classification tasks for categorical variables, regression tasks for continuous variables) (Fig. 5). They are based on optimization procedures that tend to minimize the prediction error (loss function). The model then is evaluated on new data (called the “validation set”), which ideally is independent of the

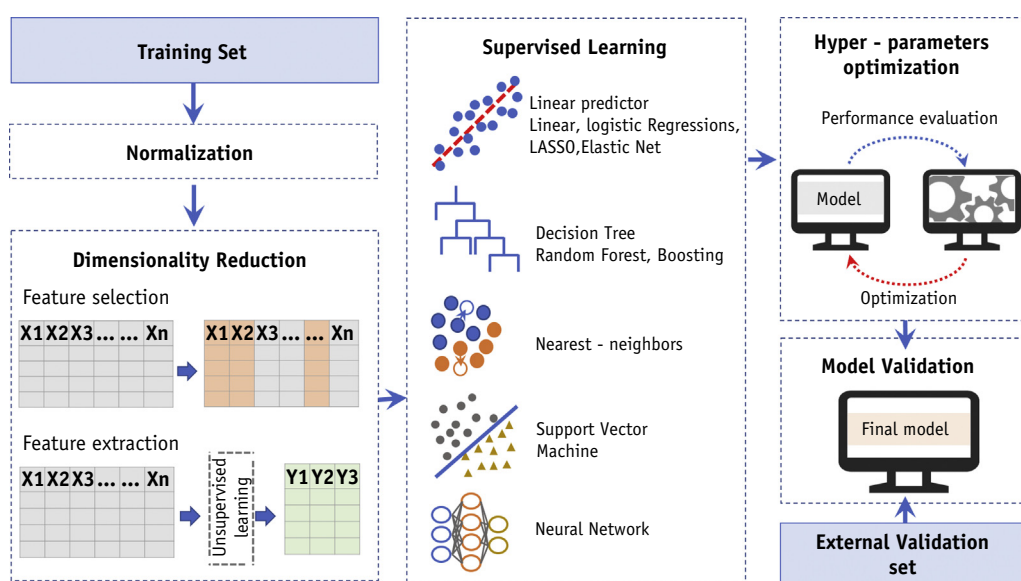


Fig. 7. Model building and validation. After feature normalization and dimensionality reduction, different methods of supervised learning can be used to establish a model. This model must be tested on a second set, ideally acquired in an external center with another scanner, to be clinically validated.

training set to ensure the generalizability of the model (“external validation set”) (163). In the current literature, validation is more frequently performed on a subset of the whole cohort, as in 2 of the studies presented in Table 1 (42, 46). In 93% of the studies, external validation was not performed. Results therefore should be interpreted with caution because the performance of the model on independent data remains unknown.

There is a wide range of supervised learning methods. These include, for example, linear predictors (e, linear or logistic regressions) (164), decision tree algorithms (eg, random forests) (50, 51), and support vector machine (165, 166). For time-to-event data (eg, overall survival or disease-free survival), dedicated algorithms can deal with continuous censored data (ie, Cox proportional hazards regressions, random survival forest), allowing for a patient stratification based on the predicted risk.

As opposed to supervised learning methods, unsupervised methods do not use a predefined output variable. They are used to obtain a new representation of the data, either by grouping similar data together (clustering) (167, 168) or by finding a lower-dimensional representation of the data (dimensionality reduction).

In radiomic studies, as in other omics fields (eg, genomics, proteomics), the number of radiomic features often far exceeds the number of patients. This situation leads to a high probability of overfitting, resulting in a perfect model derived from the learning data but without any ability to extend to other datasets. This risk can be estimated by cross-validation methods during the learning step and controlled by dimension reduction methods (164). Simpler models involving fewer radiomic features are therefore more robust, and reducing dimensionality allows for reducing computational complexity.

The first approach to reduce the number of features, also called feature selection methods, retains only a subset of the initial variables, ranked according to a performance criterion, to discard irrelevant and redundant variables. This can be carried out using 3 approaches:

1. “Filter” method: Relevant variables are selected in a first preprocessing step, independently of the learning method, depending on their relevance, redundancy, or robustness over time (169, 170).
2. “Wrapper” method: An approach similar to the filter method, but the performance of the variables is quantified depending on the learning algorithm subsequently used, potentially leading to a different selection if another learning method is chosen (171).
3. “Embedded” method: The variable selection and the learning algorithm are combined into a single mathematical problem (172).

Statistical procedures can also be used to reduce dimension, starting from all variables available in the initial

database and summarizing them into a smaller number of new variables using unsupervised learning. These new, constructed variables combine information from all initial features but are not interpretable on their own.

Another important concept in statistical learning is feature manipulation or normalization, which corresponds to simple transformations applied to the original data. For instance, standardization makes all features have a zero mean and unit variance. This allows values of different scales to be adjusted to a common scale to avoid over-weighting one variable over another when the model is sensitive to magnitude, as for regression models. Feature normalization can also help a learning algorithm to converge faster.

In PET, there is no consensus on which feature selection or learning methods should be used (Table 2). Given the state of the art, an analysis of the impact of several learning approaches on the stability and robustness of the proposed models is needed (164, 173).

Recently, deep learning has emerged as a new, accessible area of machine learning with the widespread availability of fast computers, although it is not yet used in the specific field of PET radiomics, as shown in Table 1. This technique is typically based on neural networks that include many layers for learning multiple levels of hierarchical representations, using supervised and unsupervised feature extraction and transformations (174). These models can be difficult to train and optimize because a classical network can produce tens of thousands of features (175). A large amount of data is therefore recommended, although some promising methods of computer vision, such as data augmentation and transfer learning, may help to solve the problem of small datasets (176).

Interpretation of radiomic feature values

Except for conventional indices (eg, SUV, MTV), most radiomic features are dimensionless quantities. Examples of distributions of 3 features (SkewnessH from the histogram, entropy from GLCM, and high gray-level zone emphasis (HGZE) from GLSZM) computed in cervix tumors are shown in Figure 4A, with some extreme cases to illustrate what they reflect. In addition, a selection of common radiomic feature values is presented in Figure 4B for a patient case. The relationship between the activity pattern shown in the image and textural feature values has been investigated (177) using patient data and simulations. From 6 textural features, 2 groups were identified: (1) homogeneity, entropy, SRE, and LRE reflect uptake heterogeneity without distinguishing between hypersignal and hyposignal within a uniform distribution; and (2) HGZE and LGZE correlate with the average uptake rather than local heterogeneity. Another study compared a visual assessment of tumor heterogeneity as seen on PET images with textural features for non-small cell lung cancer (178). A 3-level scale of heterogeneity was used by 2 nuclear

medicine physicians to score the visual heterogeneity of the tumors. Moderate correlations ($0.4 < \text{Spearman's rank coefficient} < 0.6$) were observed between visual scores and textural features, and an added value was shown for textural feature analysis over visual assessment for overall survival prediction. This is a first step toward the definition of guidelines to help physicians in interpreting textural feature values in clinical practice. Another important step will be the determination of expected textural index values for nonpathologic organs after acquisition, reconstruction, or feature extraction standardization.

Perspectives

Multimodal imaging, radiation therapy, and radiomics

Although PET-CT images and radiation therapy planning CT can be merged, registration errors are frequent, and several studies have been published in favor of performing PET-CT acquisitions in treatment position for radiation therapy planning, with recommendations and workflow implications (179-181). With the recent advent of PET-MRI scanners and despite issues related to the lack of directly available electronic density maps from PET-MRI scanners

(182), several promising studies have also focused on the implementation of PET-MRI for radiation therapy planning (183-185). Deformable image registration is also a promising option to integrate multimodal imaging in biologically guided radiation therapy (186).

The accurate fusion of anatomic and molecular imaging is also a great added value for outcome prediction. Features may be extracted separately from functional and anatomic images, using modality-specific or the same contours, and then combined in statistical analyses. Vaidya et al (33) reported that a model combining 2 features from PET and CT performed better than models using a single PET or a single CT feature for predicting radiation therapy tumor response in lung cancer ($\rho = 0.49$, $P = .007$ for locoregional failure with a 2-feature PET+CT model vs $\rho = 0.34$, $P = .04$ for the best PET feature and $\rho = -0.27$, $P = .09$ for the best CT feature). Beukinga et al (45) reported that a model combining PET and CT features in addition to clinical parameters was more accurate than response prediction based only on the SUV_{max} for prediction of chemoradiation therapy response in esophageal cancer (AUC = 0.74 for the multivariate signature vs 0.54 for SUV_{max} only). Larizien et al (166) evaluated the performance of different classifiers based on either multimodal models combining PET and CT radiomic features or PET features only in staging lymphoma. The best performance was achieved by the multimodal support vector machine model trained on a

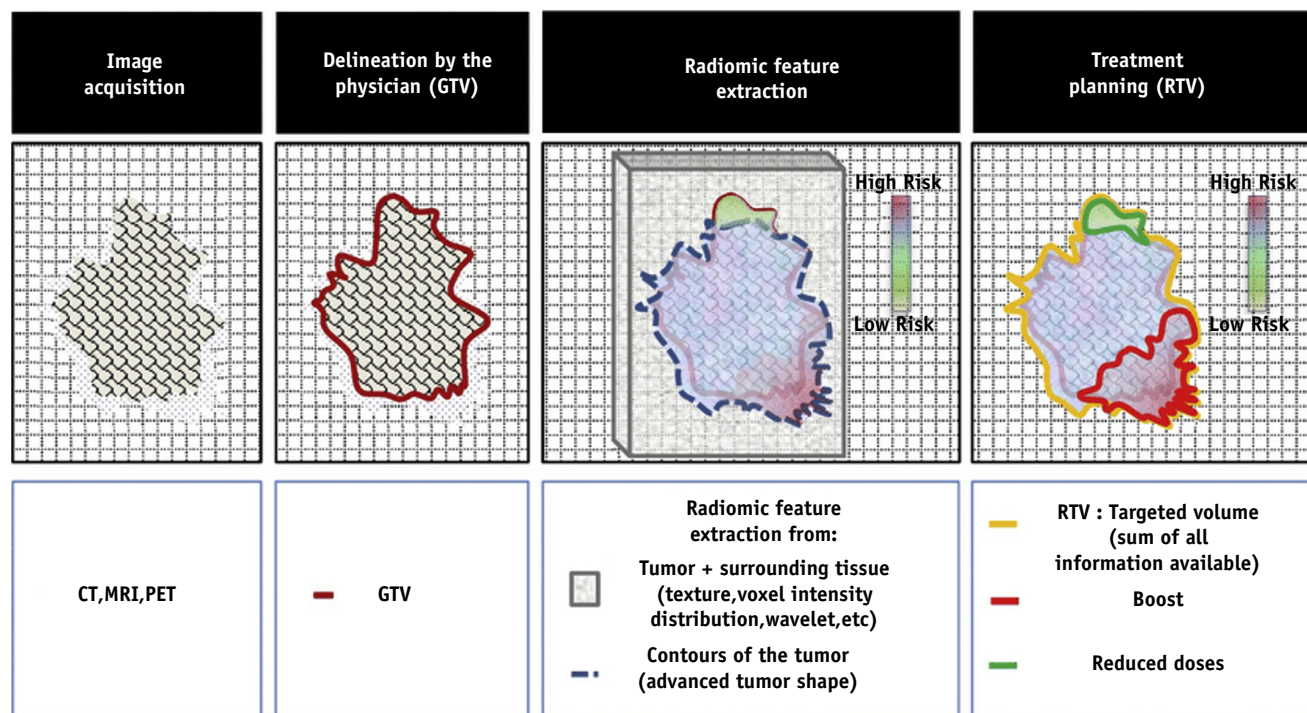


Fig. 8. Determination of the radiomic target volume (193). Conventionally, gross tumor volume is segmented by the physician from PET, MRI, and CT images. This step being time-consuming, textural analysis can be seen as a useful tool to automatically determine a radiomic target volume. From this volume, high-risk and low-risk regions can be identified via machine learning algorithms to allow dose painting in radiation therapy. *Abbreviations:* CT = computed tomography; PET = positron-emission tomography.

combination of 12 first- and second-order features from both PET and CT (AUC = 0.91 vs 0.89 for PET features only). Other approaches such as nomograms have also been evaluated in this multimodal context, showing the complementarity of PET entropy and CT zone percentage with functional volume for lung cancer staging (187). Another multimodal study was performed on cervical cancer, gathering features computed from PET and MRI (188). Lucia et al proved that entropy from diffusion weighted imaging (DWI) MRI and gray-level non-uniformity (GLNU) from PET images were independent predictors of recurrence (HR = 34.18 and 5.39, $P < .00001$, respectively) and locoregional control (HR = 28.10 and 33.11, $P < .00001$ respectively), with significantly higher prognostic power than clinical parameters.

Despite most retrospective studies showing better results when combining PET and CT or MRI in radiomic models (33, 159, 166, 188-192), further work remains necessary to assess the clinical added value of multimodality in radiomics models using larger cohorts and external validation data.

Dose painting using PET radiomics

An evolution of biological target volume is the concept of radiomic target volume (193). From an automatic segmentation validated by the physician, local radiomic features can be automatically calculated to produce parametric maps of radiomic features in a box encompassing the segmented volume (Fig. 8). Based on radiomic feature values computed in each voxel, it might be possible to identify high-risk and low-risk regions in the tumor. Treatment planning could then be modulated as a function of the risk, with increased dose to high-risk volumes and lower dose to low-risk volumes to limit toxicities. Yet, the applicability of such a concept requires correlating parametric feature maps with tumor aggressiveness and addressing the limited spatial resolution of PET imaging (~4 to ~8 mm as a function of the image reconstruction algorithm setting). Prospective validations will also be necessary to assess the added value of such dose painting on tumor control. This concept was also described by Soufi et al, who proposed a pipeline of automated segmentation and labeling of heterogeneous subvolumes in lung tumors using textural features on FDG-PET imaging (194).

Preliminary work in SPECT imaging

There are few reports on the use of SPECT imaging for radiation therapy (195-197). In recent years, limitations that could confound the ability of SPECT to provide quantitative information (photon attenuation, scatter, partial volume effect, and motion artefacts) have been addressed through the use of SPECT/CT acquisitions and quantitative image reconstruction (196), making SPECT images quantitatively reliable. For instance, ^{99m}Tc -mebrofenin-SPECT was

evaluated in dose planning adaptation for liver cancer or metastases to protect healthy hepatic tissue (195). SPECT may also be used to improve dose planning for thoracic lesions, depending on pulmonary function (197), or to develop predictive dose response models such as for kidney preservation during abdominal radiation therapy (198). To our knowledge, the only large SPECT radiomic study included 141 patients and pertained to neurodegenerative disease, monitoring the progression of Parkinson syndrome (199). This study concluded that imaging textural features could be promising for follow-up of patients with Parkinson disease, correlated with neurocognitive scores.

Conclusion

Radiomics is a promising domain to assist physicians in decision-making and to implement personalized radiation therapy with individualized doses and volumes. Physicians and physicists should pay attention to the possible confounding factors along the radiomic pipeline. From image acquisition to statistical analysis and implementation for radiation therapy treatment planning, there is still a lack of consensus. In the era of big data and machine learning analysis, there is also a crucial need for standardization, from written guidelines to closer collaboration among image-processing researchers, physicians, physicists, and data scientists. From this perspective, approaches from the Quantitative Imaging Network in the United States (200) or the German National Cohort Consortium (201) aim to gather researchers in quantitative imaging to standardize practices and facilitate clinical validation. Methodology should be critically reviewed, with the inclusion of essential elements in all publications so that results can be reproduced. Precise descriptions of the cohort, acquisition parameters, method of computation, and statistical pipeline are absolutely necessary to replicate studies. Validation of the radiomic workflow on an independent dataset should be systematically required to allow for the identification of robust and clinically useful radiomic models in radiation therapy. The next step toward implementation of radiomics in healthcare is the development of randomized clinical trials assessing the added value of such quantitative imaging features in prospective cohorts.

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